

**CRONOMETRO DEL NARA**  
**25° edizione**  
**COPPA ASTI**  
**Montagna salita Vertical**  
**CLASSIFICA UFFICIALE**



**Capo gara:** Norberto Mandioni  
**Iscrizioni:** Toschini Omar  
**Samaritani:** Acquarossa Serravalle

**Ora partenza:** 9:30  
**Percorso:** 5.1 km  
**Partenza:** 607 m/sm  
**Arrivo:** 1568 m/sm  
**Dislivello:** 961 m  
**Salita totale:** 985 m  
**Discesa totale:** 24 m  
**Fattore sopraelevazione:** 4

**Meteo:** bello soleggiato  
**Iscritti:** 82  
**Partiti:** 81  
**Assenti:** 1  
**Abbandoni:** 2

**Record del nuovo tracciato da Prugiasco 2022:**  
**Donne:** 46:31.7 Stampanoni Paola Bidogno  
**Uomini:** 44:17.1 Nöpflin Andrin Beckenried NW

**IL PIÙ ANZIANO**  
 Pedroia Roberto 1949

**IL PIÙ GIOVANE**  
 BRICKER JONAS 2012

Clt	Pet.	Cognome e nome	Anno	Cat	Club	Città	Naz	Tempi	Scarto
<b>W20</b>									
1	68	STAMPANONI Paola	1985	W20	GAB BELLINZONA	BIGOGNO	SUI	46:31.7	
2	42	OLIVA Aline	2009	W20	GAD DONGIO	MOTTO	SUI	59:18.0	12:46.3
3	59	ARNOLD Celine	1999	W20	SC UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	1h00:10.8	13:39.1
4	64	WALKER Nina	2009	W20	PRIVATO	ALTDORF	SUI	1h00:12.6	13:40.9
5	70	WALKER Dunja	2007	W20	PRIVATO	ALTDORF	SUI	1h03:44.7	17:13.0
6	3	LOCARNINI Stefania	1989	W20	PRIVATO	OLIVONE	SUI	1h09:09.5	22:37.8
7	41	ORSO Jessica	2011	W20	TRIUNION	CAMIGNOLO	SUI	1h18:03.7	31:32.0

<b>W40</b>									
1	27	SERAFINI Susanna	1974	W40	RCB BELLINZONA	BELLINZONA	SUI	54:36.9	
2	26	LEONARDI-ORSO Leda	1974	W40	TEAM GOTTHARD SKIMO	CAMIGNOLO	SUI	57:26.5	2:49.6
3	13	SENN Fanny	1981	W40	PRIVATO	LUDIANO	SUI	58:33.9	3:57.0
4	18	HOESLI-BONETTI Ivana	1974	W40	FRECCE GIALLE MALCANTONE	MIGLIEGLIA	SUI	1h03:06.9	8:30.0
5	16	SCHOLZ Claudia	1976	W40	RCB BELLINZONA	LOSONE	SUI	1h04:22.3	9:45.4
6	33	GALUSERO Doris	1980	W40	DELO VERTICAL TEAM	LUMINO	SUI	1h04:43.5	10:06.6
7	40	GREENWOOD-HENLE Michela	1982	W40	PRIVATO	ANDERLECHT	SUI	1h07:37.8	13:00.9
8	57	PUCKAITE Agne	1982	W40	PRIVATO	ASCONA	LTU	1h08:14.9	13:38.0

<b>W50</b>									
1	51	CAVALLI Giovanna	1959	W50	SEV VAL MADRERA	ABBADIA LARIANA (LC)	ITA	55:52.6	

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2	24	WANGLER Katharina	1967	W50	RCB BELLINZONA	GORDUNO	SUI	1h00:32.4	4:39.8
3	29	WETTER Anita	1963	W50	UETIKON	UETIKON AM SEE	SUI	1h01:36.1	5:43.5
4	9	TOFFOLON Orietta	1969	W50	RCB BELLINZONA	VALMOREA	ITA	1h04:21.0	8:28.4
5	6	BELLORINI Ombretta	1967	W50	ATLETICA 3V	SANGIANO	ITA	1h05:53.2	10:00.6
6	46	BORGNA Angela	1967	W50	SFG BIASCA	BIASCA	SUI	1h10:42.8	14:50.2
7	56	RIVERA Adele	1958	W50	SFG BIASCA	MAGLIASO	SUI	1h13:28.8	17:36.2
8	21	BOLIS Carla	1959	W50	O-92 PIANO DI MAGADINO	CAMORINO	SUI	1h19:50.2	23:57.6

**U20M**

1	44	OLIVA Jonas	2006	U20M	GAD DONGIO	MOTTO	SUI	51:30.0	
2	10	KURMANN Leo	2011	U20M	TRIUNION	GORDOLA	SUI	58:00.7	6:30.7
3	63	ARNOLD Luca	2004	U20M	S.C. UNTERSCHAECHEN	ALTDORF	SUI	58:34.7	7:04.7
4	67	BRIKER Mario	2010	U20M	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	1h06:15.1	14:45.1
5	48	FERACO Luca	2004	U20M	ATLETICA MENDRISIOTTO		ITA	1h09:29.9	17:59.9
6	65	BRIKER Jonas	2012	U20M	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	1h15:40.7	24:10.7
7	31	ARIZZOLI Jordan	2005	U20M	RCB BELLINZONA	POLLEGIO	SUI	1h27:28.1	35:58.1
8	28	MERONI Giovanni	2012	U20M	GAB BELLINZONA	BELLINZONA	SUI	1h41:46.4	50:16.4

**M20**

1	60	NÄPFLIN Andrin	1997	M20	PRIVATO	BECKENRIELD	SUI	44:17.1	
2	23	JURIETTI Gioele	1995	M20	MOESA RUNNERS	CLARO	SUI	48:17.0	3:59.9
3	37	MARTIGNONI Luca	1993	M20	CDO BIKE & RUN	LOSONE	SUI	49:32.1	5:15.0
4	4	DEL SIRO Noel	1994	M20	ADULA SNOW TEAM	PRUGIASCO	SUI	51:02.0	6:44.9
5	61	MUELLER Lukas	1997	M20	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	55:13.3	10:56.2
6	72	BARUSCO Fabio	1986	M20	OCR TICINO	CASLANO	SUI	58:43.1	14:26.0
7	38	MARTIGNONI Andrea	2002	M20	PRIVATO	LOSONE	SUI	1h05:13.5	20:56.4
8	1	BRUMANA Alessio	1992	M20	AC AROSIO	VERNATE	SUI	1h18:33.9	34:16.8
9	5	REPICH Matteo	1994	M20	AC AROSIO	TORRICELLA	SUI	1h42:22.8	58:05.7

**M40**

1	69	STAMPANONI Elia	1977	M40	USC	BIGORIO	SUI	47:50.0	
2	30	FORNI Ruben	1975	M40	MOESA RUNNERS	GRONO	SUI	50:35.6	2:45.6
3	43	OLIVA Loris	1975	M40	GAD DONGIO	MOTTO	SUI	52:52.7	5:02.7
4	15	BADER Alessandro	1976	M40	USC CAPRIASCHESE	BIDOGNO	SUI	55:19.1	7:29.1
5	36	ARIZZOLI Almir	1975	M40	RCB BELLINZONA	GIUBIASCO	SUI	56:39.8	8:49.8
6	71	BRIKER Roman	1975	M40	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	58:18.3	10:28.3
7	66	WALKER Tino	1975	M40	PRIVATO	ALTDORF	SUI	59:15.4	11:25.4
8	11	KURMANN Davide	1981	M40	TRIUNION	GORDOLA	SUI	1h09:55.5	22:05.5
9	54	ZARA Sergio	1978	M40	OCR TICINO	LUGANO	ITA	1h13:49.7	25:59.7

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Cl	Pet.	Cognome e nome	Anno	Cat	Club	Città	Naz	Tempi	Scarto
<b>M50</b>									
1	22	MASSERA Fabio	1968	M50	SAIM ISONE-MEDEGLIA	ISONE	SUI	45:30.7	
2	49	MERONI Alberto	1970	M50	RCB BELLINZONA	BELLINZONA	SUI	49:24.5	3:53.8
3	58	BRIKER Robi	1968	M50	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	53:23.6	7:52.9
4	12	FRANCHINI Alberto	1964	M50	AFS	SORENGO	SUI	56:28.6	10:57.9
5	34	WEHRLIN Christoph	1971	M50	FOOTING CLUB LAUSANNE	LOSANNA	SUI	57:58.9	12:28.2
6	62	OBERTI Marco	1964	M50	RCB BELLINZONA	BIASCA	SUI	57:59.1	12:28.4
7	17	FUSCHETTO Carmine	1965	M50	MOESA RUNNERS	ROVEREDO	SUI	58:12.2	12:41.5
8	32	ALBERTI Francesco	1969	M50	USG GUANZATE	LIMITO COMASCO	ITA	58:23.7	12:53.0
9	50	MENOZZI Franco	1963	M50	O-92 PIANO DI MAGADINO	GORDUNO	SUI	1h07:05.4	21:34.7
10	8	COEN Italo	1965	M50	RCB BELLINZONA	VACALLO	SUI	1h16:46.6	31:15.9

<b>M60</b>									
1	14	BRUSORIO Claudio	1959	M60	SFG BIASCA	LODRINO	SUI	53:03.5	
2	20	FRAQUELLI Giancarlo	1962	M60	USC CAPRIASCHESE	CENTRO VALLE INTELVI	ITA	54:41.8	1:38.3
3	55	RIVERA Olimpio	1960	M60	SFG BIASCA	MAGLIASO	SUI	55:06.1	2:02.6
4	25	MURI Giorgio	1955	M60	MOESA RUNNERS	BELLINZONA	SUI	1h00:08.8	7:05.3
5	35	SPECIANI Luca	1962	M60	ASSPO RIVA SAN VITALE	AROGNO	SUI	1h00:18.1	7:14.6
6	52	MANGILI Flavio	1952	M60	RUNNER'S BERGAMO	BERGAMO	ITA	1h03:50.8	10:47.3
7	39	MONDADA Moreno	1961	M60	S.C. NEGRENTINO	CUGNASCO	SUI	1h06:50.2	13:46.7
8	47	BESOMI Matteo	1960	M60	US CAPRIASCHESE	TESSERETE	SUI	1h08:35.4	15:31.9
9	7	CIRESA Vittorio	1956	M60	ATLETICA 3V	CARAVATE	ITA	1h13:31.6	20:28.1
10	45	BORGNA Luciano	1961	M60	SFG BIASCA	BIASCA	SUI	1h16:22.8	23:19.3
11	19	SESTITO Roy	1962	M60	PRIVATO	CASLANO	SUI	1h16:59.8	23:56.3
12	53	PEDROIA Roberto	1949	M60	SKI CLUB ARBEDO-CASTIONE	GNOSCA	SUI	1h37:03.3	43:59.8

Assenti

	2	MECHAUSSIE Daniel	1950	M60	AIN-EST-ATHLETISME	ST JEAN DE GONVILLE	FRA		
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**Walking: DONNE**

1	200	KURMANN Linda	2014	W20	TRIUNION	GORDOLA		1h29:58.2	
2	201	KURMANN Evelin	1981	W40	TRIUNION	GORDOLA		1h29:59.6	1.4
3	207	COSSA Rosella	1963	W50	PRIVATO	MALSLIANICO		1h30:03.3	5.1
4	206	GIANELLA Francesca	1979	W40	PRIVATO	OLIVONE		1h47:34.6	17:36.4
4	205	BOZZINI Morena	1969	W50	WALKING MALVAGLIA	CAMPO BLENIO		1h47:34.6	17:36.4
6	204	ARIZZOLI Franca	1971	W50	RCB BELLINZONA	GIUBIASCO		1h53:36.8	23:38.6

Abbandoni

	209	BOTTINO Lyda	1972	W50		Arogno			
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<b>Walking: UOMINI</b>									
1	203	ORSO Alex	2014	U20M	TTC CAPRIASCA	CAMIGNOLO		1h29:19.6	
2	202	ORSO Patrick	1971	M50	PRIVATO	CAMIGNOLO		1h30:00.7	41.1

Abbandoni

	208	SPECIANI Tommaso	2012	U20M	AROGNO	AROGNO			
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**GENERALE DONNE UOMINI**

1	60	NÄPFLIN Andrin	1997	M20	PRIVATO	BECKENRIELD	SUI	44:17.1	
2	22	MASSERA Fabio	1968	M50	SAIM ISONE-MEDEGLIA	ISONE	SUI	45:30.7	1:13.6
3	68	STAMPANONI Paola	1985	W20	GAB BELLINZONA	BIGOGNO	SUI	46:31.7	2:14.6
4	69	STAMPANONI Elia	1977	M40	USC	BIGORIO	SUI	47:50.0	3:32.9
5	23	JURIETTI Gioele	1995	M20	MOESA RUNNERS	CLARO	SUI	48:17.0	3:59.9
6	49	MERONI Alberto	1970	M50	RCB BELLINZONA	BELLINZONA	SUI	49:24.5	5:07.4
7	37	MARTIGNONI Luca	1993	M20	CDO BIKE & RUN	LOSONE	SUI	49:32.1	5:15.0
8	30	FORNI Ruben	1975	M40	MOESA RUNNERS	GRONO	SUI	50:35.6	6:18.5
9	4	DEL SIRO Noel	1994	M20	ADULA SNOW TEAM	PRUGIASCO	SUI	51:02.0	6:44.9
10	44	OLIVA Jonas	2006	U20M	GAD DONGIO	MOTTO	SUI	51:30.0	7:12.9
11	43	OLIVA Loris	1975	M40	GAD DONGIO	MOTTO	SUI	52:52.7	8:35.6
12	14	BRUSORIO Claudio	1959	M60	SFG BIASCA	LODRINO	SUI	53:03.5	8:46.4
13	58	BRIKER Robi	1968	M50	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	53:23.6	9:06.5
14	27	SERAFINI Susanna	1974	W40	RCB BELLINZONA	BELLINZONA	SUI	54:36.9	10:19.8
15	20	FRAQUELLI Giancarlo	1962	M60	USC CAPRIASCHESE	CENTRO VALLE INTELVI	ITA	54:41.8	10:24.7
16	55	RIVERA Olimpio	1960	M60	SFG BIASCA	MAGLIASO	SUI	55:06.1	10:49.0
17	61	MUELLER Lukas	1997	M20	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	55:13.3	10:56.2
18	15	BADER Alessandro	1976	M40	USC CAPRIASCHESE	BIDOGNO	SUI	55:19.1	11:02.0
19	51	CAVALLI Giovanna	1959	W50	SEV VAL MADRERA	ABBADIA LARIANA (LC)	ITA	55:52.6	11:35.5
20	12	FRANCHINI Alberto	1964	M50	AFS	SORENGO	SUI	56:28.6	12:11.5
21	36	ARIZZOLI Almir	1975	M40	RCB BELLINZONA	GIUBIASCO	SUI	56:39.8	12:22.7
22	26	LEONARDI-ORSO Leda	1974	W40	TEAM GOTTHARD SKIMO	CAMIGNOLO	SUI	57:26.5	13:09.4
23	34	WEHRLIN Christoph	1971	M50	FOOTING CLUB LAUSANNE	LOSANNA	SUI	57:58.9	13:41.8
24	62	OBERTI Marco	1964	M50	RCB BELLINZONA	BIASCA	SUI	57:59.1	13:42.0
25	10	KURMANN Leo	2011	U20M	TRIUNION	GORDOLA	SUI	58:00.7	13:43.6
26	17	FUSCHETTO Carmine	1965	M50	MOESA RUNNERS	ROVEREDO	SUI	58:12.2	13:55.1
27	71	BRIKER Roman	1975	M40	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	58:18.3	14:01.2
28	32	ALBERTI Francesco	1969	M50	USG GUANZATE	LIMITO COMASCO	ITA	58:23.7	14:06.6
29	13	SENN Fanny	1981	W40	PRIVATO	LUDIANO	SUI	58:33.9	14:16.8
30	63	ARNOLD Luca	2004	U20M	S.C. UNTERSCHAECHEN	ALTDORF	SUI	58:34.7	14:17.6
31	72	BARUSCO Fabio	1986	M20	OCR TICINO	CASLANO	SUI	58:43.1	14:26.0
32	66	WALKER Tino	1975	M40	PRIVATO	ALTDORF	SUI	59:15.4	14:58.3
33	42	OLIVA Aline	2009	W20	GAD DONGIO	MOTTO	SUI	59:18.0	15:00.9
34	25	MURI Giorgio	1955	M60	MOESA RUNNERS	BELLINZONA	SUI	1h00:08.8	15:51.7
35	59	ARNOLD Celine	1999	W20	SC UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	1h00:10.8	15:53.7
36	64	WALKER Nina	2009	W20	PRIVATO	ALTDORF	SUI	1h00:12.6	15:55.5

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37	35	SPECIANI Luca	1962	M60	ASSPO RIVA SAN VITALE	AROGNO	SUI	1h00:18.1	16:01.0
38	24	WANGLER Katharina	1967	W50	RCB BELLINZONA	GORDUNO	SUI	1h00:32.4	16:15.3
39	29	WETTER Anita	1963	W50	UETIKON	UETIKON AM SEE	SUI	1h01:36.1	17:19.0
40	18	HOESLI-BONETTI Ivana	1974	W40	FRECCE GIALLE MALCANTONE	MIGLIEGLIA	SUI	1h03:06.9	18:49.8
41	70	WALKER Dunja	2007	W20	PRIVATO	ALTDORF	SUI	1h03:44.7	19:27.6
42	52	MANGILI Flavio	1952	M60	RUNNER'S BERGAMO	BERGAMO	ITA	1h03:50.8	19:33.7
43	9	TOFFOLON Orietta	1969	W50	RCB BELLINZONA	VALMOREA	ITA	1h04:21.0	20:03.9
44	16	SCHOLZ Claudia	1976	W40	RCB BELLINZONA	LOSONE	SUI	1h04:22.3	20:05.2
45	33	GALUSERO Doris	1980	W40	DELO VERTICAL TEAM	LUMINO	SUI	1h04:43.5	20:26.4
46	38	MARTIGNONI Andrea	2002	M20	PRIVATO	LOSONE	SUI	1h05:13.5	20:56.4
47	6	BELLORINI Ombretta	1967	W50	ATLETICA 3V	SANGIANO	ITA	1h05:53.2	21:36.1
48	67	BRIKER Mario	2010	U20M	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	1h06:15.1	21:58.0
49	39	MONDADA Moreno	1961	M60	S.C. NEGRENTINO	CUGNASCO	SUI	1h06:50.2	22:33.1
50	50	MENOZZI Franco	1963	M50	O-92 PIANO DI MAGADINO	GORDUNO	SUI	1h07:05.4	22:48.3
51	40	GREENWOOD-HENLE Michela	1982	W40	PRIVATO	ANDERLECHT	SUI	1h07:37.8	23:20.7
52	57	PUCKAITE Agne	1982	W40	PRIVATO	ASCONA	LTU	1h08:14.9	23:57.8
53	47	BESOMI Matteo	1960	M60	US CAPRIASCHESI	TESSERETE	SUI	1h08:35.4	24:18.3
54	3	LOCARNINI Stefania	1989	W20	PRIVATO	OLIVONE	SUI	1h09:09.5	24:52.4
55	48	FERACO Luca	2004	U20M	ATLETICA MENDRISIOTTO		ITA	1h09:29.9	25:12.8
56	11	KURMANN Davide	1981	M40	TRIUNION	GORDOLA	SUI	1h09:55.5	25:38.4
57	46	BORGNA Angela	1967	W50	SFG BIASCA	BIASCA	SUI	1h10:42.8	26:25.7
58	56	RIVERA Adele	1958	W50	SFG BIASCA	MAGLIASO	SUI	1h13:28.8	29:11.7
59	7	CIRESA Vittorio	1956	M60	ATLETICA 3V	CARAVATE	ITA	1h13:31.6	29:14.5
60	54	ZARA Sergio	1978	M40	OCR TICINO	LUGANO	ITA	1h13:49.7	29:32.6
61	65	BRIKER Jonas	2012	U20M	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	1h15:40.7	31:23.6
62	45	BORGNA Luciano	1961	M60	SFG BIASCA	BIASCA	SUI	1h16:22.8	32:05.7
63	8	COEN Italo	1965	M50	RCB BELLINZONA	VACALLO	SUI	1h16:46.6	32:29.5
64	19	SESTITO Roy	1962	M60	PRIVATO	CASLANO	SUI	1h16:59.8	32:42.7
65	41	ORSO Jessica	2011	W20	TRIUNION	CAMIGNOLO	SUI	1h18:03.7	33:46.6
66	1	BRUMANA Alessio	1992	M20	AC AROSIO	VERNATE	SUI	1h18:33.9	34:16.8
67	21	BOLIS Carla	1959	W50	O-92 PIANO DI MAGADINO	CAMORINO	SUI	1h19:50.2	35:33.1
68	31	ARIZZOLI Jordan	2005	U20M	RCB BELLINZONA	POLLEGIO	SUI	1h27:28.1	43:11.0
69	203	ORSO Alex	2014	U20M	TTC CAPRIASCA	CAMIGNOLO		1h29:19.6	45:02.5
70	200	KURMANN Linda	2014	W20	TRIUNION	GORDOLA		1h29:58.2	45:41.1
71	201	KURMANN Evelin	1981	W40	TRIUNION	GORDOLA		1h29:59.6	45:42.5
72	202	ORSO Patrick	1971	M50	PRIVATO	CAMIGNOLO		1h30:00.7	45:43.6
73	207	COSSA Rosella	1963	W50	PRIVATO	MALSLIANICO		1h30:03.3	45:46.2
74	53	PEDROIA Roberto	1949	M60	SKI CLUB ARBEDO-CASTIONE	GNOSCA	SUI	1h37:03.3	52:46.2
75	28	MERONI Giovanni	2012	U20M	GAB BELLINZONA	BELLINZONA	SUI	1h41:46.4	57:29.3
76	5	REPICH Matteo	1994	M20	AC AROSIO	TORRICELLA	SUI	1h42:22.8	58:05.7
77	206	GIANELLA Francesca	1979	W40	PRIVATO	OLIVONE		1h47:34.6	1h03:17.5
77	205	BOZZINI Morena	1969	W50	WALKING MALVAGLIA	CAMPO BLENIO		1h47:34.6	1h03:17.5
79	204	ARIZZOLI Franca	1971	W50	RCB BELLINZONA	GIUBIASCO		1h53:36.8	1h09:19.7

Assenti

2	MECHAUSSIE Daniel	1950	M60	AIN-EST-ATHLETISME	ST JEAN DE GONVILLE	FRA		
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**Montagna salita Vertical**  
**CLASSIFICA UFFICIALE**

Clit	Pet.	Cognome e nome	Anno	Cat	Club	Città	Naz	Tempi	Scarto
Abbandoni									
	208	<b>SPECIANI Tommaso</b>	2012	U20M	AROGNO	AROGNO			
	209	<b>BOTTINO Lyda</b>	1972	W50		Arogno			

**GENERALE DONNE**

1	68	<b>STAMPANONI Paola</b>	1985	W20	GAB BELLINZONA	BIGOGNO	SUI	<b>46:31.7</b>	
2	27	<b>SERAFINI Susanna</b>	1974	W40	RCB BELLINZONA	BELLINZONA	SUI	<b>54:36.9</b>	8:05.2
3	51	<b>CAVALLI Giovanna</b>	1959	W50	SEV VAL MADRERA	ABBADIA LARIANA (LC)	ITA	<b>55:52.6</b>	9:20.9
4	26	<b>LEONARDI-ORSO Leda</b>	1974	W40	TEAM GOTTHARD SKIMO	CAMIGNOLO	SUI	<b>57:26.5</b>	10:54.8
5	13	<b>SENN Fanny</b>	1981	W40	PRIVATO	LUDIANO	SUI	<b>58:33.9</b>	12:02.2
6	42	<b>OLIVA Aline</b>	2009	W20	GAD DONGIO	MOTTO	SUI	<b>59:18.0</b>	12:46.3
7	59	<b>ARNOLD Celine</b>	1999	W20	SC UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	<b>1h00:10.8</b>	13:39.1
8	64	<b>WALKER Nina</b>	2009	W20	PRIVATO	ALTDORF	SUI	<b>1h00:12.6</b>	13:40.9
9	24	<b>WANGLER Katharina</b>	1967	W50	RCB BELLINZONA	GORDUNO	SUI	<b>1h00:32.4</b>	14:00.7
10	29	<b>WETTER Anita</b>	1963	W50	UETIKON	UETIKON AM SEE	SUI	<b>1h01:36.1</b>	15:04.4
11	18	<b>HOESLI-BONETTI Ivana</b>	1974	W40	FRECCE GIALLE MALCANTONE	MIGLIEGLIA	SUI	<b>1h03:06.9</b>	16:35.2
12	70	<b>WALKER Dunja</b>	2007	W20	PRIVATO	ALTDORF	SUI	<b>1h03:44.7</b>	17:13.0
13	9	<b>TOFFOLON Orietta</b>	1969	W50	RCB BELLINZONA	VALMOREA	ITA	<b>1h04:21.0</b>	17:49.3
14	16	<b>SCHOLZ Claudia</b>	1976	W40	RCB BELLINZONA	LOSONE	SUI	<b>1h04:22.3</b>	17:50.6
15	33	<b>GALUSERO Doris</b>	1980	W40	DELO VERTICAL TEAM	LUMINO	SUI	<b>1h04:43.5</b>	18:11.8
16	6	<b>BELLORINI Ombretta</b>	1967	W50	ATLETICA 3V	SANGIANO	ITA	<b>1h05:53.2</b>	19:21.5
17	40	<b>GREENWOOD-HENLE Michela</b>	1982	W40	PRIVATO	ANDERLECHT	SUI	<b>1h07:37.8</b>	21:06.1
18	57	<b>PUCKAITE Agne</b>	1982	W40	PRIVATO	ASCONA	LTU	<b>1h08:14.9</b>	21:43.2
19	3	<b>LOCARNINI Stefania</b>	1989	W20	PRIVATO	OLIVONE	SUI	<b>1h09:09.5</b>	22:37.8
20	46	<b>BORGNA Angela</b>	1967	W50	SFG BIASCA	BIASCA	SUI	<b>1h10:42.8</b>	24:11.1
21	56	<b>RIVERA Adele</b>	1958	W50	SFG BIASCA	MAGLIASO	SUI	<b>1h13:28.8</b>	26:57.1
22	41	<b>ORSO Jessica</b>	2011	W20	TRIUNION	CAMIGNOLO	SUI	<b>1h18:03.7</b>	31:32.0
23	21	<b>BOLIS Carla</b>	1959	W50	O-92 PIANO DI MAGADINO	CAMORINO	SUI	<b>1h19:50.2</b>	33:18.5
24	200	<b>KURMANN Linda</b>	2014	W20	TRIUNION	GORDOLA		<b>1h29:58.2</b>	43:26.5
25	201	<b>KURMANN Evelin</b>	1981	W40	TRIUNION	GORDOLA		<b>1h29:59.6</b>	43:27.9
26	207	<b>COSSA Rosella</b>	1963	W50	PRIVATO	MALSLIANICO		<b>1h30:03.3</b>	43:31.6
27	206	<b>GIANELLA Francesca</b>	1979	W40	PRIVATO	OLIVONE		<b>1h47:34.6</b>	1h01:02.9
27	205	<b>BOZZINI Morena</b>	1969	W50	WALKING MALVAGLIA	CAMPO BLENIO		<b>1h47:34.6</b>	1h01:02.9
29	204	<b>ARIZZOLI Franca</b>	1971	W50	RCB BELLINZONA	GIUBIASCO		<b>1h53:36.8</b>	1h07:05.1

Abbandoni									
	209	<b>BOTTINO Lyda</b>	1972	W50		Arogno			

**GENERALE UOMINI**

1	60	<b>NÄPFLIN Andrin</b>	1997	M20	PRIVATO	BECKENRIELD	SUI	<b>44:17.1</b>	
2	22	<b>MASSERA Fabio</b>	1968	M50	SAIM ISONE-MEDEGLIA	ISONE	SUI	<b>45:30.7</b>	1:13.6
3	69	<b>STAMPANONI Elia</b>	1977	M40	USC	BIGORIO	SUI	<b>47:50.0</b>	3:32.9

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4	23	JURIETTI Gioele	1995	M20	MOESA RUNNERS	CLARO	SUI	48:17.0	3:59.9
5	49	MERONI Alberto	1970	M50	RCB BELLINZONA	BELLINZONA	SUI	49:24.5	5:07.4
6	37	MARTIGNONI Luca	1993	M20	CDO BIKE & RUN	LOSONE	SUI	49:32.1	5:15.0
7	30	FORNI Ruben	1975	M40	MOESA RUNNERS	GRONO	SUI	50:35.6	6:18.5
8	4	DEL SIRO Noel	1994	M20	ADULA SNOW TEAM	PRUGIASCO	SUI	51:02.0	6:44.9
9	44	OLIVA Jonas	2006	U20M	GAD DONGIO	MOTTO	SUI	51:30.0	7:12.9
10	43	OLIVA Loris	1975	M40	GAD DONGIO	MOTTO	SUI	52:52.7	8:35.6
11	14	BRUSORIO Claudio	1959	M60	SFG BIASCA	LODRINO	SUI	53:03.5	8:46.4
12	58	BRIKER Robi	1968	M50	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	53:23.6	9:06.5
13	20	FRAQUELLI Giancarlo	1962	M60	USC CAPRIASCHESE	CENTRO VALLE INTELVI	ITA	54:41.8	10:24.7
14	55	RIVERA Olimpio	1960	M60	SFG BIASCA	MAGLIASO	SUI	55:06.1	10:49.0
15	61	MUELLER Lukas	1997	M20	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	55:13.3	10:56.2
16	15	BADER Alessandro	1976	M40	USC CAPRIASCHESE	BIDOGNO	SUI	55:19.1	11:02.0
17	12	FRANCHINI Alberto	1964	M50	AFS	SORENGO	SUI	56:28.6	12:11.5
18	36	ARIZZOLI Almir	1975	M40	RCB BELLINZONA	GIUBIASCO	SUI	56:39.8	12:22.7
19	34	WEHRLIN Christoph	1971	M50	FOOTING CLUB LAUSANNE	LOSANNA	SUI	57:58.9	13:41.8
20	62	OBERTI Marco	1964	M50	RCB BELLINZONA	BIASCA	SUI	57:59.1	13:42.0
21	10	KURMANN Leo	2011	U20M	TRIUNION	GORDOLA	SUI	58:00.7	13:43.6
22	17	FUSCHETTO Carmine	1965	M50	MOESA RUNNERS	ROVEREDO	SUI	58:12.2	13:55.1
23	71	BRIKER Roman	1975	M40	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	58:18.3	14:01.2
24	32	ALBERTI Francesco	1969	M50	USG GUANZATE	LIMITO COMASCO	ITA	58:23.7	14:06.6
25	63	ARNOLD Luca	2004	U20M	S.C. UNTERSCHAECHEN	ALTDORF	SUI	58:34.7	14:17.6
26	72	BARUSCO Fabio	1986	M20	OCR TICINO	CASLANO	SUI	58:43.1	14:26.0
27	66	WALKER Tino	1975	M40	PRIVATO	ALTDORF	SUI	59:15.4	14:58.3
28	25	MURI Giorgio	1955	M60	MOESA RUNNERS	BELLINZONA	SUI	1h00:08.8	15:51.7
29	35	SPECIANI Luca	1962	M60	ASSPO RIVA SAN VITALE	AROGNO	SUI	1h00:18.1	16:01.0
30	52	MANGILI Flavio	1952	M60	RUNNER'S BERGAMO	BERGAMO	ITA	1h03:50.8	19:33.7
31	38	MARTIGNONI Andrea	2002	M20	PRIVATO	LOSONE	SUI	1h05:13.5	20:56.4
32	67	BRIKER Mario	2010	U20M	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	1h06:15.1	21:58.0
33	39	MONDADA Moreno	1961	M60	S.C. NEGRENTINO	CUGNASCO	SUI	1h06:50.2	22:33.1
34	50	MENOZZI Franco	1963	M50	O-92 PIANO DI MAGADINO	GORDUNO	SUI	1h07:05.4	22:48.3
35	47	BESOMI Matteo	1960	M60	US CAPRIASCHESE	TESSERETE	SUI	1h08:35.4	24:18.3
36	48	FERACO Luca	2004	U20M	ATLETICA MENDRISIOTTO		ITA	1h09:29.9	25:12.8
37	11	KURMANN Davide	1981	M40	TRIUNION	GORDOLA	SUI	1h09:55.5	25:38.4
38	7	CIRESA Vittorio	1956	M60	ATLETICA 3V	CARAVATE	ITA	1h13:31.6	29:14.5
39	54	ZARA Sergio	1978	M40	OCR TICINO	LUGANO	ITA	1h13:49.7	29:32.6
40	65	BRIKER Jonas	2012	U20M	S.C. UNTERSCHAECHEN	UNTERSCHAECHEN	SUI	1h15:40.7	31:23.6
41	45	BORGNA Luciano	1961	M60	SFG BIASCA	BIASCA	SUI	1h16:22.8	32:05.7
42	8	COEN Italo	1965	M50	RCB BELLINZONA	VACALLO	SUI	1h16:46.6	32:29.5
43	19	SESTITO Roy	1962	M60	PRIVATO	CASLANO	SUI	1h16:59.8	32:42.7
44	1	BRUMANA Alessio	1992	M20	AC AROSIO	VERNATE	SUI	1h18:33.9	34:16.8
45	31	ARIZZOLI Jordan	2005	U20M	RCB BELLINZONA	POLLEGIO	SUI	1h27:28.1	43:11.0
46	203	ORSO Alex	2014	U20M	TTC CAPRIASCA	CAMIGNOLO		1h29:19.6	45:02.5
47	202	ORSO Patrick	1971	M50	PRIVATO	CAMIGNOLO		1h30:00.7	45:43.6
48	53	PEDROIA Roberto	1949	M60	SKI CLUB ARBEDO-CASTIONE	GNOSCA	SUI	1h37:03.3	52:46.2
49	28	MERONI Giovanni	2012	U20M	GAB BELLINZONA	BELLINZONA	SUI	1h41:46.4	57:29.3
50	5	REPICH Matteo	1994	M20	AC AROSIO	TORRICELLA	SUI	1h42:22.8	58:05.7

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<b>Cl</b>	<b>Pet.</b>	<b>Cognome e nome</b>	<b>Anno</b>	<b>Cat</b>	<b>Club</b>	<b>Città</b>	<b>Naz</b>	<b>Tempi</b>	<b>Scarto</b>
Assenti									
	2	<b>MECHAUSSIE Daniel</b>	1950	M60	AIN-EST-ATHLETISME	ST JEAN DE GONVILLE	FRA		
Abbandoni									
	208	<b>SPECIANI Tommaso</b>	2012	U20M	AROGNO	AROGNO			

**Il comitato organizzatore e lo staff vi ringrazia per la partecipazione e vi aspetta per il prossimo anno.**