

GO & RUN 2011  
Corsa podistica nel centro storico di Bellinzona - 13a edizione  
Runner's Club Bellinzona  
Venerdì 26 agosto 2011, ore 19.45

Risultati ufficiali

| Cl         | Pet. | Cognome e nome            | Club/Domicilio          | Categoria | Tempi      |
|------------|------|---------------------------|-------------------------|-----------|------------|
| <b>M70</b> |      |                           |                         |           |            |
|            | 1    | 18 Carpentieri Sebastiano | Polisportiva Campionese | M70       | 00:28:03.5 |
|            | 2    | 107 Lodo Franco           | Aletica Malnate         | M70       | 00:28:15.1 |
|            | 3    | 174 Bacchi Virginio       | SP Camignolo            | M70       | 00:30:00.8 |
|            | 4    | 141 Piu Mario             | RC Bellinzona           | M70       | 00:30:45.4 |
|            | 5    | 126 Maiocchi Luigi        | Montestella             | M70       | 00:31:29.6 |
|            | 6    | 32 De Gady Giorgio        | RC Bellinzona           | M70       | 00:35:13.3 |
|            | 7    | 140 Dassie Giuseppe       | Rodi Fiesso             | M70       | 00:35:27.8 |
|            | 8    | 100 Carenini Arturo       | RC Bellinzona           | M70       | 00:41:32.3 |
| <b>M60</b> |      |                           |                         |           |            |
|            | 1    | 56 Maffongelli Mario      | SFG Stabio              | M60       | 00:31:03.3 |
|            | 2    | 78 Puggioni Luigi         | Athletic Team Lario     | M60       | 00:32:36.0 |
|            | 3    | 194 Longoborghini Guido   | Gravellonatoce          | M60       | 00:34:04.5 |
|            | 4    | 163 Airoidi Giancarlo     | Bellinzona              | M60       | 00:36:43.9 |
|            | 5    | 59 Manetti Stefano        | SP Camignolo            | M60       | 00:37:07.1 |
|            | 6    | 171 Starnpanoni Sergio    | US Capriaschese         | M60       | 00:37:45.5 |
|            | 7    | 116 Ballinari Edgardo     | Porza                   | M60       | 00:38:51.4 |
|            | 8    | 114 Dal Pozzo Marco       | SP Camignolo            | M60       | 00:38:57.4 |
|            | 9    | 71 Pellegrini Luigi       | SFG Stabio              | M60       | 00:40:00.8 |
|            | 10   | 186 Donati Gianni         | US Capriaschese         | M60       | 00:41:43.5 |
|            | 11   | 52 König Alfredo          | RC Bellinzona           | M60       | 00:42:05.3 |
|            | 12   | 125 Melgrati Giuliano     | Road Runners Club       | M60       | 00:43:05.3 |
|            | 13   | 40 Filliger Gustavo       | RC Bellinzona           | M60       | 00:43:29.9 |
| <b>M50</b> |      |                           |                         |           |            |
|            | 1    | 131 Arnese Marco          | Vigili del Fuoco        | M50       | 00:28:47.8 |
|            | 2    | 70 Pellegrini Claudio     | Athletic Team Lario     | M50       | 00:30:44.5 |
|            | 3    | 88 Schindler Christoph    | Astano                  | M50       | 00:30:56.1 |
|            | 4    | 11 Brusorio Claudio       | RC Bellinzona           | M50       | 00:31:21.5 |
|            | 5    | 160 Dieguez Manuel        | -                       | M50       | 00:31:59.8 |
|            | 6    | 38 Ferretti Remo          | O-92                    | M50       | 00:32:30.5 |
|            | 7    | 175 Borla Marco           | SP Camignolo            | M50       | 00:32:46.9 |
|            | 8    | 101 Spini Egidio          | RC Bellinzona           | M50       | 00:33:11.2 |
|            | 9    | 28 Cresta Soccorso        | US Capriaschese         | M50       | 00:33:59.7 |
|            | 10   | 65 Minotti Oliver         | UTOE Bellinzona         | M50       | 00:34:12.7 |
|            | 11   | 117 De Carli Elio         | SP Locarnese            | M50       | 00:34:19.0 |
|            | 12   | 152 Santamaria Claudio    | SP Locarnese            | M50       | 00:34:37.3 |
|            | 13   | 139 Dalesi Giordano       | Cavergno                | M50       | 00:35:06.8 |
|            | 14   | 120 Antonietti Bruno      | SA Massagno             | M50       | 00:35:12.6 |
|            | 15   | 15 Candolfi Nelson        | SP Locarnese            | M50       | 00:35:35.8 |
|            | 16   | 99 Borradori Giorgio      | RC Bellinzona           | M50       | 00:36:32.5 |
|            | 17   | 169 Pongelli Marco        | SP Camignolo            | M50       | 00:36:39.7 |

|    |                           |                        |     |            |
|----|---------------------------|------------------------|-----|------------|
| 18 | 85 Rossi Jvan             | Pregassona             | M50 | 00:36:53.6 |
| 19 | 5 Bernasconi Vittorio     | Bellinzona             | M50 | 00:37:16.6 |
| 20 | 179 Lunghi Arno           | Claro                  | M50 | 00:37:26.2 |
| 21 | 46 Galbusera Giacomo      | Moesa Runners          | M50 | 00:38:12.8 |
| 22 | 105 Ziegler Helmfried     | Lindach                | M50 | 00:38:32.7 |
| 23 | 53 Laudato Adriano        | SP Locarnese           | M50 | 00:38:36.5 |
| 24 | 113 Domeniconi Claude     | Running Team Lugano    | M50 | 00:38:49.8 |
| 25 | 132 Bettosini Arno        | SA Rivera              | M50 | 00:38:54.1 |
| 26 | 106 Realini Pietro        | Pegasus                | M50 | 00:39:13.1 |
| 27 | 133 Foletti Marco         | Lugano                 | M50 | 00:40:01.9 |
| 28 | 156 Fonti Danilo          | Lugano                 | M50 | 00:40:57.7 |
| 29 | 102 Agliati Carlo         | Sorengo                | M50 | 00:41:35.2 |
| 30 | 181 Guidotti Pier Giorgio | GS Molinera            | M50 | 00:41:58.8 |
| 31 | 147 Lo Russo Vito         | RC Bellinzona          | M50 | 00:42:16.7 |
| 32 | 142 Odermatt Umberto      | SP Locarnese           | M50 | 00:42:33.5 |
| 33 | 6 Bizzozero Aldo          | Karate Club Bellinzona | M50 | 00:42:45.1 |
| 34 | 79 Rezzoli Luciano        | SP Locarnese           | M50 | 00:43:31.0 |

#### Abbandoni

|               |              |     |
|---------------|--------------|-----|
| 63 Mella Luca | SP Locarnese | M50 |
|---------------|--------------|-----|

#### M40

|    |                             |                       |     |            |
|----|-----------------------------|-----------------------|-----|------------|
| 1  | 170 Stampanoni Jonathan     | US Capriaschese       | M40 | 00:26:56.5 |
| 2  | 193 Grassano Giacinto       | Circuito Runner       | M40 | 00:27:33.6 |
| 3  | 129 Beatrizotti Stefano     | USA Ascona            | M40 | 00:29:01.6 |
| 4  | 200 Facciolo Valerio        | Atletica 2002         | M40 | 00:29:11.5 |
| 5  | 182 Cavadini Enrico         | RC Bellinzona         | M40 | 00:29:24.0 |
| 6  | 118 Foglia Luca             | Virtus                | M40 | 00:29:57.2 |
| 7  | 197 Meroni Alberto          | RC Bellinzona         | M40 | 00:30:05.1 |
| 8  | 45 Fuschetto Carmine        | Moesa Runners         | M40 | 00:31:04.1 |
| 9  | 180 Foletti Giorgio         | Malcantonese          | M40 | 00:31:12.0 |
| 10 | 49 Graci Giovanni           | Pol Bellano           | M40 | 00:31:33.1 |
| 11 | 204 Fraquelli Giancarlo     | Atletica Centro Lario | M40 | 00:31:36.3 |
| 12 | 128 Falone Marco            | Italia                | M40 | 00:31:52.4 |
| 13 | 122 Sanna Daniele           | RC Bellinzona         | M40 | 00:32:13.7 |
| 14 | 145 Simeoni Davide          | Magadino              | M40 | 00:32:38.6 |
| 15 | 144 Gaggetta Romolo         | Tri Team Ticino       | M40 | 00:32:39.2 |
| 16 | 34 Del Rizzo Angelo         | USC Ascona            | M40 | 00:32:55.2 |
| 17 | 14 Caflich Umberto          | SP Locarnese          | M40 | 00:33:20.8 |
| 18 | 62 Martina Francesco        | Atletica Verbano      | M40 | 00:33:32.2 |
| 19 | 187 Cattaneo Corrado        | US Capriaschese       | M40 | 00:33:44.0 |
| 20 | 159 De Matteis Massimiliano | Montagnola            | M40 | 00:34:34.7 |
| 21 | 17 Cappellari Mauro         | Monte Carasso         | M40 | 00:35:59.3 |
| 22 | 135 Fumiano Felice          | Giubiasco             | M40 | 00:36:37.8 |
| 23 | 146 Furini Daniele          | SP Locarnese          | M40 | 00:36:40.8 |
| 24 | 55 Lorenzetti Stefano       | Swissrunning          | M40 | 00:36:44.8 |
| 25 | 42 Foletti Davide           | US Capriaschese       | M40 | 00:36:48.0 |
| 26 | 54 Lorenzetti Dante         | US Capriaschese       | M40 | 00:36:59.7 |
| 27 | 104 Mosele Urs              | Bellinzona            | M40 | 00:37:05.6 |
| 28 | 167 De Monte Denis          | SA Massagno           | M40 | 00:37:10.3 |
| 29 | 58 Malfanti Mike            | Sonvico               | M40 | 00:37:22.4 |
| 30 | 4 Bernasconi Marco          | US Capriaschese       | M40 | 00:37:56.4 |

|    |                      |                       |     |            |
|----|----------------------|-----------------------|-----|------------|
| 31 | 110 Kenklies Michele | Vanecur               | M40 | 00:38:00.3 |
| 32 | 95 Teami Marco       | Ascofit               | M40 | 00:38:50.4 |
| 33 | 47 Galli Fulvio      | TASIS American School | M40 | 00:39:07.0 |
| 34 | 109 Moro Tiziano     | Vanecur               | M40 | 00:39:22.6 |
| 35 | 112 Mauri Romano     | Croce Verde Lugano    | M40 | 00:39:57.7 |
| 36 | 77 Prospero Graziano | Tenero                | M40 | 00:40:40.4 |
| 37 | 12 Buselli Walter    | Dino                  | M40 | 00:41:52.6 |
| 38 | 81 Riccardi Mario    | Lugaggia              | M40 | 00:41:53.1 |
| 39 | 155 Vicentini Paolo  | Bellinzona            | M40 | 00:42:21.0 |
| 40 | 21 Castano Fabrizio  | Caminada Sementi      | M40 | 00:43:17.2 |
| 41 | 127 Kobkyn Toma      | Germania              | M40 | 00:46:34.7 |

#### Abbandoni

|                 |         |     |
|-----------------|---------|-----|
| 205 Lenoci Lino | Minusio | M40 |
|-----------------|---------|-----|

#### M20

|    |                         |                      |     |            |
|----|-------------------------|----------------------|-----|------------|
| 1  | 185 Eshak Abraham       | Comacina             | M20 | 00:24:51.3 |
| 2  | 195 Rabattoni Dereje    | Runner Team Volpiano | M20 | 00:26:40.9 |
| 3  | 150 Mignami Ferdinando  | AM.Pro Sesto         | M20 | 00:27:14.2 |
| 4  | 92 Stampanoni Elia      | US Capriaschese      | M20 | 00:27:22.1 |
| 5  | 87 Salinetti Michele    | US Capriaschese      | M20 | 00:27:50.4 |
| 6  | 137 Theytaz Jean Pierre | CA Sierre            | M20 | 00:28:25.1 |
| 7  | 68 Nogara Stefano       | Aletica Centro Lario | M20 | 00:28:51.7 |
| 8  | 93 Stampanoni Leonida   | US Capriaschese      | M20 | 00:29:05.4 |
| 9  | 57 Maggetti Michel      | SP Locarnese         | M20 | 00:29:14.6 |
| 10 | 76 Ponzio Roger         | US Capriaschese      | M20 | 00:29:31.1 |
| 11 | 97 Vassalli Davide      | GA Bellinzona        | M20 | 00:29:36.9 |
| 12 | 61 Marta Massimo        | Moesa Runners        | M20 | 00:30:02.7 |
| 13 | 64 Milan Nadir          | GP Leventina         | M20 | 00:30:22.6 |
| 14 | 1 Anelli Andrea         | Camorino             | M20 | 00:30:49.1 |
| 15 | 166 Anelli Fabio        | Camorino             | M20 | 00:30:56.8 |
| 16 | 149 Cometta Matteo      | GS Molinera          | M20 | 00:31:01.0 |
| 17 | 73 Perseghini Mauro     | US Capriaschese      | M20 | 00:31:23.7 |
| 18 | 138 Pellegri Alessandro | Como                 | M20 | 00:31:25.2 |
| 19 | 98 Vassalli Lorenzo     | Unitas Malcantone    | M20 | 00:32:01.0 |
| 20 | 8 Bomio Mattia          | A-Club Swimming Team | M20 | 00:32:21.4 |
| 21 | 37 Fanaro Emanuele      | Moesa Runners        | M20 | 00:32:58.9 |
| 22 | 69 Notari Toto          | SFG Airola           | M20 | 00:33:08.7 |
| 23 | 130 Del Bello Alan      | Bellinzona           | M20 | 00:33:22.2 |
| 24 | 202 Frate Massimo       | Lugano               | M20 | 00:33:26.0 |
| 25 | 154 Mascetti Manuel     | Tommy Sport          | M20 | 00:33:29.2 |
| 26 | 191 Milesi Luca         | Ciclogrott           | M20 | 00:33:43.1 |
| 27 | 20 Cassai Massimo       | Curtina              | M20 | 00:33:45.8 |
| 28 | 165 Pongelli Eric       | US Capriaschese      | M20 | 00:33:56.3 |
| 29 | 173 Cortelazzi Simone   | Minusio              | M20 | 00:34:01.9 |
| 30 | 119 Colucci Antonio     | US Capriaschese      | M20 | 00:34:45.4 |
| 31 | 178 Lusuardi Olivier    | GA Bellinzona        | M20 | 00:34:58.5 |
| 32 | 66 Molinaro Marino      | Scenaja Team         | M20 | 00:35:33.3 |
| 33 | 172 Cappellari Omar     | Giubiasco            | M20 | 00:36:00.2 |
| 34 | 188 Verso Damiano       | SFG Biasca           | M20 | 00:36:03.8 |
| 35 | 35 Emma Fabiano         | SP Locarnese         | M20 | 00:36:10.3 |
| 36 | 164 Guzzi Igor          | Personico            | M20 | 00:36:24.8 |

|    |                       |                   |     |            |
|----|-----------------------|-------------------|-----|------------|
| 37 | 50 Grgic Juro         | Ticino Running    | M20 | 00:36:39.0 |
| 38 | 111 Schneider Michael | Giubiasco         | M20 | 00:36:58.8 |
| 39 | 189 Lompa Jaino       | Ronco s/Ascona    | M20 | 00:37:12.3 |
| 40 | 157 Fonti Christian   | Lugano            | M20 | 00:37:17.3 |
| 41 | 206 Salvini Damiano   | SA Bellinzona     | M20 | 00:37:46.7 |
| 42 | 89 Schirò Luigi       | Cadenazzo         | M20 | 00:37:47.9 |
| 43 | 192 Sarcinella Donato | Team Sara Sport   | M20 | 00:38:29.2 |
| 44 | 16 Cantone Roberto    | Acofit            | M20 | 00:38:34.7 |
| 45 | 123 Oliva Nicola      | Sci Club Faido    | M20 | 00:39:04.2 |
| 46 | 24 Cippà Floriano     | Bellinzona        | M20 | 00:39:24.0 |
| 47 | 153 Gasparini Cesare  | Villa Guardia     | M20 | 00:39:48.6 |
| 48 | 13 Buzzi Roberto      | Caminada Sementi  | M20 | 00:43:01.9 |
| 49 | 201 Barbone Simone    | Châtelaine        | M20 | 00:43:33.2 |
| 50 | 134 Moro Gilbert      | Subito4           | M20 | 00:43:34.3 |
| 51 | 27 Corradin Massimo   | Malnate Varese IT | M20 | 00:45:06.9 |
| 52 | 151 Hossbach Ulrich   | Bellinzona        | M20 | 00:47:49.6 |

#### Abbandoni

|     |                     |            |     |
|-----|---------------------|------------|-----|
| 108 | Bahnan Ghassan      | Bellinzona | M20 |
| 184 | Puricelli Christian | Comacina   | M20 |

#### U20M

|   |                      |             |      |            |
|---|----------------------|-------------|------|------------|
| 1 | 80 Rezzonico Matteo  | FSSI        | U20M | 00:30:07.1 |
| 2 | 161 Marchetti Norman | GS Molinera | U20M | 00:30:07.7 |
| 3 | 162 Taminelli Athos  | Giubiasco   | U20M | 00:32:56.7 |
| 4 | 176 Citino Wang      | Personico   | U20M | 00:37:41.6 |
| 5 | 136 Codioli Etienne  | Giubiasco   | U20M | 00:38:46.8 |
| 6 | 177 Sala Kevin       | Personico   | U20M | 00:41:07.4 |

#### W55

|   |                         |                         |     |            |
|---|-------------------------|-------------------------|-----|------------|
| 1 | 91 Soldini Maria        | US Capriaschese         | W55 | 00:37:37.1 |
| 2 | 74 Peter Elisabeth      | RC Bellinzona           | W55 | 00:41:10.3 |
| 3 | 124 Firinu Lucia        | Road Runners Club       | W55 | 00:41:44.7 |
| 4 | 121 Antonietti Cornelia | SA Massagno             | W55 | 00:47:45.1 |
| 5 | 51 Gürtler Fabienne     | Polisportiva Campionese | W55 | 00:48:54.5 |

#### Abbandoni

|     |             |               |     |
|-----|-------------|---------------|-----|
| 168 | Müller Ruth | RC Bellinzona | W55 |
|-----|-------------|---------------|-----|

#### W45

|   |                           |                    |     |            |
|---|---------------------------|--------------------|-----|------------|
| 1 | 25 Clerici Cristina       | Ginnastica Comense | W45 | 00:30:28.5 |
| 2 | 143 Grassi Cristina       | Besano             | W45 | 00:36:13.2 |
| 3 | 96 Togni Iria             | Atletica Tenero 90 | W45 | 00:39:31.3 |
| 4 | 148 Rossetti Cometta Anna | GS Molinera        | W45 | 00:42:17.7 |
| 5 | 33 De Gady Maya           | RC Bellinzona      | W45 | 00:42:30.3 |
| 6 | 30 Crotti Romana          | RC Bellinzona      | W45 | 00:42:48.6 |

#### W35

|   |                              |                 |     |            |
|---|------------------------------|-----------------|-----|------------|
| 1 | 9 Bragagnolo Jeannette       | SA Bellinzona   | W35 | 00:30:53.2 |
| 2 | 198 Serafini Susanna         | RC Bellinzona   | W35 | 00:31:07.8 |
| 3 | 190 Besomi-Piattini Patrizia | US Capriaschese | W35 | 00:34:05.2 |
| 4 | 203 Kren Martina             | GA Bellinzona   | W35 | 00:36:28.5 |
| 5 | 103 Pallua Sabrina           | SAB             | W35 | 00:37:50.9 |
| 6 | 115 Berti Riggi Daniela      | SP Camignolo    | W35 | 00:39:02.8 |
| 7 | 196 Poretti Federica         | RC Bellinzona   | W35 | 00:42:47.9 |
| 8 | 10 Brumana Lina              | Mendrisio       | W35 | 00:49:54.4 |

## W20

|   |                       |               |   |            |
|---|-----------------------|---------------|---|------------|
| 1 | 86 Rossi Rosalba      | GA Bellinzona | W | 00:30:20.9 |
| 2 | 199 Drelicharz Joanna | Comense       | W | 00:31:18.7 |
| 3 | 83 Rodoni Alessandra  | SFG Biasca    | W | 00:32:49.5 |
| 4 | 39 Fibbioli Alessia   | Moesa Runners | W | 00:39:05.9 |
| 5 | 36 Erbetta Fabiola    | Bellinzona    | W | 00:41:25.0 |
| 6 | 158 Tami Ester        | Giubiasco     | W | 00:42:09.6 |
| 7 | 75 Ponzio Monia       | Bellinzona    | W | 00:42:55.5 |
| 8 | 183 Chiapuzzi Elisa   | GA Dongio     | W | 00:44:38.7 |
| 9 | 72 Perazzi Elena      | Bellinzona    | W | 00:46:15.8 |

### GO & RUN 2011

Corsa podistica nel centro storico di Bellinzona - 13a edizione

Runner's Club Bellinzona

Venerdì 26 agosto 2011, ore 19:15

**Valida per la coppa Ticino Giovanile**

| Cl        | Pet. | Cognome e nome         | Club/Domicilio     | Categoria | Tempi    |
|-----------|------|------------------------|--------------------|-----------|----------|
| U16M      |      |                        |                    |           |          |
|           | 1    | 576 Cresta Gabriele    | SAM Massagno       | U16M      | 10:56.04 |
|           | 2    | 570 Pedrazzini Daniele | Atletica Tenero 90 | U16M      | 11:14.49 |
|           | 3    | 573 Brun Saverio       | LRG Getnau         | U16M      | 11:30.87 |
|           | 4    | 574 D'Anna Matteo      | USA Ascona         | U16M      | 11:33.58 |
|           | 5    | 575 Copat Bryan        | GA Bellinzona      | U16M      | 11:35.76 |
|           | 6    | 572 Ziegler Jan        | Lindach            | U16M      | 11:55.61 |
| Abbandoni |      |                        |                    |           |          |
|           |      | 577 Savoia Jacopo      | Bellinzona         | U16M      |          |
| U16W      |      |                        |                    |           |          |
|           | 1    | 580 Roncoroni Flavia   | US Capriaschese    | U16W      | 12:33.40 |
|           | 2    | 581 Kress Johanna      | US Capriaschese    | U16W      | 13:07.48 |
|           | 3    | 583 Manetti Eloisa     | Judo Budo          | U16W      | 14:25.48 |
|           | 4    | 582 Bottini Alessandra | US Capriaschese    | U16W      | 14:45.56 |
|           | 5    | 579 Marzano Giulia     | RC Bellinzona      | U16W      | 14:47.43 |
|           | 6    | 584 Manetti Stefanie   | Judo Budo          | U16W      | 16:29.11 |
|           | 7    | 578 Marzano Silvia     | RC Bellinzona      | U16W      | 16:42.27 |
| Abbandoni |      |                        |                    |           |          |
|           |      | 571 Togni Oriana       | Atletica Tenero 90 | U16W      |          |